

In Support of Children Education Series  
“It’s NEVER ok to HIT A CHILD”

***Experiencing Trauma in Childhood:  
Personal and Social Effects and What  
Individuals and Communities Can Do to  
Prevent It and Help Those Who Suffer***



**Dr. Judith Lewis Herman**  
(Live video presentation and  
discussion)

**Tuesday Nov.10, 2009**

**7:00—8 30 PM**

**Hampton / Newport News  
Room Webb Center, ODU**

**Judith Lewis Herman M.D.** is Clinical Professor of Psychiatry at Harvard Medical School and Co-Founder and Director of Training at the Victims of Violence Program at The Cambridge Hospital, Cambridge, MA. Dr. Herman received her medical degree at Harvard Medical School and her training in general and community psychiatry at Boston University Medical Center. She is the author of two award-winning books: ***Father-Daughter Incest*** (Harvard University Press, 1981), and ***Trauma and Recovery*** (Basic Books, 1992). She has lectured widely on the subject of sexual and domestic violence. She is the recipient of the 1996 Lifetime Achievement Award from the International Society for Traumatic Stress Studies and the 2000 Woman in Science Award from the American Medical Women's Association. In 2007 she was named a Distinguished Life Fellow of the American Psychiatric Association.

**Trauma and Recovery** has been described as follows:

***"One of the most important psychiatric works to be published since Freud."***  
***Phyllis Chester, The New York Times Book Review***

***"Herman's brilliant insights into the nature of trauma and the process of healing shine through in every page of this rich and compassionate book. Must reading for all who are concerned with this most crucial issue of our time."***  
***Lenore Walker, Ed.D., Director, Domestic Violence Institute***

Program sponsored by In Support of Children – ODU, Prevent Child Abuse Hampton Roads, and The Children's Hospital of the Kings Daughters. Parking available in the Parking Garages at 43<sup>rd</sup> Street and Elkhorn Avenue. For more information call: Dr. Lucien Lombardo 683-3800 or e-mail [isocodu@yahoo.com](mailto:isocodu@yahoo.com).